

Teachers should preview these texts to be sure they are best suited for that particular class.

Read-Aloud Text Set

Chocolate Milk Texts

(Teachers can also read the texts included in the chocolate milk text set with the *Research-Based Argument Essay* unit from the Units of Study in Opinion, Information, and Narrative Writing, Grade 5. The suggested bibliography for that unit is included on the last page.)

| Bend | Suggested Read-Aloud |
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| I | <p>Days 1–3: Read articles about the issue of chocolate milk in schools to get a grasp of the sides of the issue. One of these should be Kim Severson’s New York Times article.</p> <p>A few suggestions:</p> <p>“A School Fight over Chocolate Milk” by Kim Severson http://www.nytimes.com/2010/08/25/dining/25Milk.html?_r=3&ref=dining&</p> <p>“Chocolate Milk: Tasty Nutrition” http://www.healthyeating.org/Portals/0/Documents/Milk%20Dairy/MilkPEPFlavMilkBro.pdf</p> <p>“Flavored Milk” from Drink-Milk.com http://www.drink-milk.com/child-nutrition/flavored-milk.aspx#.VSLW8I7F_uQ</p> <p>“The Hard Facts About Flavored Milk” from the Jamie Oliver Food Foundation http://www.jamieoliverfoodfoundation.org/usa/pdf/The-Hard-Facts-About-Flavored-Milk.pdf</p> <p>(The New TruMoo site) http://trumoo.com/about</p> <p>“Nutrients in Milk” http://www.healthyeating.org/Milk-Dairy/Nutrients-in-Milk-Cheese-Yogurt/Nutrients-in-Milk.aspx</p> <p>“Chocolate Milk Gets Nutritionists’ Gold Star” http://articles.chicagotribune.com/2011-12-07/health/ct-x-1207-chocolate-milk-20111207_1_flavored-milk-plain-milk-chocolate-milk</p> <p>Day 4–8: Read longer texts about background context regarding nutrition, vitamins, minerals, sugar, etc.</p> <p>A few suggestions:</p> <p>“Vitamins and Minerals” from KidsHealth.org http://kidshealth.org/teen/food_fitness/nutrition/vitamins_minerals.html</p> <p>“Shed that Sweet Tooth” from <i>Time for Kids</i> http://www.timeforkids.com/news/shed-sweet-tooth/221286</p> |

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| | <p>“Learning About Calories” from KidsHealth.org http://kidshealth.org/kid/stay_healthy/food/calorie.html#cat119</p> <p>“Vitamins” from KidsHealth.org http://kidshealth.org/kid/stay_healthy/food/vitamin.html#cat119</p> <p>“Minerals” from Kids Health.org (esp. the first part about calcium) http://kidshealth.org/kid/nutrition/food/minerals.html#</p> <p>Parts of Straight Talk: The Truth About Food (Time for Kids Nonfiction Readers) by Paris</p> <p>Food and Nutrition by Tara Koellhoffer (pages 57–61 are about calcium, pages 23–30 are about obesity)</p> |
| II | <p>Days 9–11: Continue reading both short and lengthier texts about issue of chocolate milk in schools.</p> <p>A few suggestions (these will address different aspects of the issue and raise other questions/ ideas):</p> <p>“Got milk? More and more people saying no” (article adapted by Newsela for multiple levels about how milk is losing popularity) https://newsela.com/articles/milk-trends/id/3172/</p> <p>“Need Milk?” from <i>Time for Kids</i> http://www.timeforkids.com/news/need-milk/42511</p> <p>“Hot Potato Issue” from <i>Time for Kids</i> (article about the Senate blocked a proposal to limit the amount of potatoes served in school) http://www.timeforkids.com/news/hot-potato-issue/16206</p> <p>“New on School Menu: Root Beer-Flavored Milk” http://www.kval.com/news/local/90992604.html</p> <p>Days 12–15: Read aloud (and watch videos of) texts that specifically help students to analyze perspective, craft moves, and evaluate arguments. These do not all have to be on the topic of chocolate milk in schools.</p> <p>Here are some good options (parts of):</p> <p>“Flavored Milk” from Drink-Milk.com http://www.drink-milk.com/child-nutrition/flavored-milk.aspx#.VSLW817F_uQ</p> <p>“The Hard Facts About Flavored Milk” from the Jamie Oliver Food Foundation http://www.jamieoliverfoodfoundation.org/usa/pdf/The-Hard-Facts-About-Flavored-Milk.pdf</p> <p>“My Problem with Jamie Oliver’s War on Flavored Milk” from TheLunchTray.com http://www.thelunchtray.com/my-problem-with-jamie-olivers-war-on-flavored-milk/</p> |

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| | <p>In particular, in the section “Milk Consumption Drops When Flavored Milk Is Banned,” you can see the author addressing opposing arguments.</p> <p>“Meet Norman” from BottledWaterMatters.com https://www.youtube.com/watch?v=xmGhFn7bkEY</p> <p>“Bottled Water is Not the Same as Tap” from BottledWaterMatters.com https://www.youtube.com/watch?v=jWzksuRaz4k</p> <p>“It’s a Plastic World” https://www.youtube.com/watch?v=CWjkH7EV9lg</p> |
| III | <p>Days 16–21: Read aloud texts on another issue, such as killer whale shows. Use the texts from the Bend I and II text sets for that issue.</p> |

The Research-Based Argument Essay Text Set Bibliography

Chocolate Milk

1. Flavored Milk: Tasty Nutrition
<http://www.youtube.com/watch?v=Mo3qsx05974>
2. Sugar Overload
<http://www.youtube.com/watch?v=eQ4wGDI56Zg>
3. Schools May Ban Chocolate Milk Over Added Sugar
http://usatoday30.usatoday.com/money/industries/food/2011-05-09-chocolate-milk-bans_n.htm
4. Flavored Milk Advertorial
<http://www.smarturl.it/dairy-advertorial>

Other texts you may want to include in your basket of demonstration texts on this issue:

- Raise your Hand for Chocolate Milk:
<http://holsteinworld.com/story.php?id=692#sthash.PfyYbxWG.dpbs>
- 3 Reasons Schools Should Ban Chocolate Milk
<https://www.life360.com/blog/reasons-to-ban-chocolate-milk/>